



SPECIALTY: GENERAL MEDICINE – DERMATOLOGY
CLINICAL PROBLEM: ACNE

Acne vulgaris can embarrass, disfigure, cause emotional upset and interfere with the patient's quality of life. Almost all patients with acne are helped by treatment with the risk of scarring minimised.

MILD

Consists of open and closed comedones and some papules and pustules. Initially a single topical preparation should be used.

MODERATE

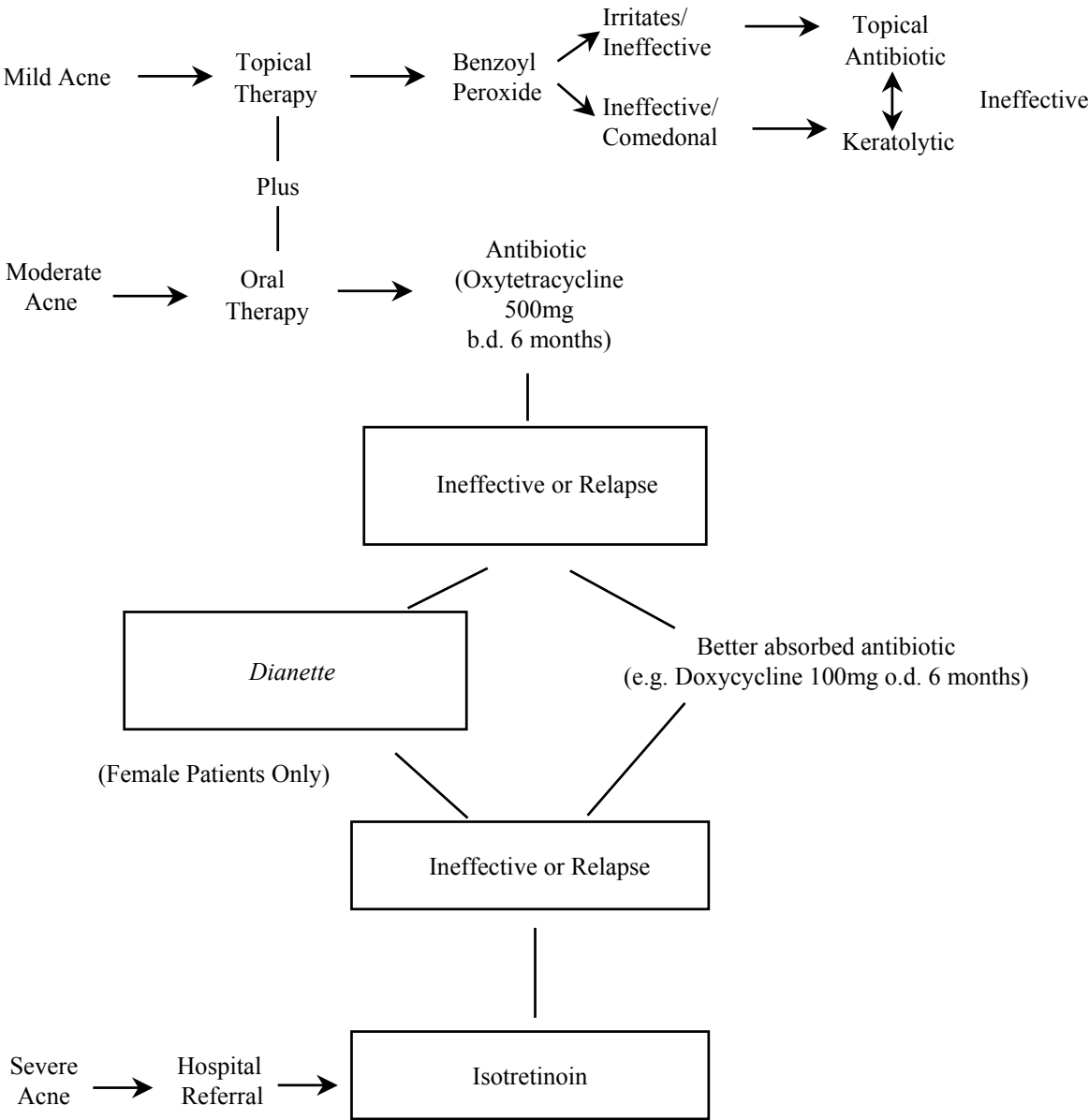
Encompasses more frequent papules and pustules with mild scarring.

SEVERE

Also includes nodular abscesses and leads to more extensive scarring. Treatment of moderate to severe acne requires the use of both systemic and topical agents.

For further advice, patients can contact: **Acne Support Group**
Howard House
The Runway, Ruislip
Middlesex HA4 6SE
Tel: 0208 841 4747 (patients)
0208 841 8400 (professionals)
Website: www.stopspots.org

MANAGEMENT OF ACNE



References:

Dr Russell-Jones, FRCP. Guidelines for GP Referrals in Dermatology 1997; p 6.
 NHS NICE Guidelines 2000.
 The Treatment of Acne Vulgaris. MeReC Bulletin National Prescribing Centre 1999;
 Vol 10 : Number 8.

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